

Chocolate Bliss Balls



5 from 15 votes

Chocolate bliss balls are a quick and easy healthy snack with 5 ingredients. Perfect for meal prep. They are vegan, gluten-free, and have no added sugar!

Prep Time 10 mins	Cook Time 0 mins	Total Time 10 mins
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Course: Appetizers and Snacks Cuisine: American

Keyword: bliss balls, healthy snacks, snacks Servings: 12 bliss balls

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Ingredients

- ½ cup almonds
- ¼ cup pitted medjool dates (about 3-4)
- ¼ cup shredded coconut
- 1 tablespoon cocoa powder
- 1 tablespoon chia seeds
- 1 tablespoon honey or maple Syrup

Instructions

1. Combine all ingredients in a food processor. Process until the mixture is well-combined and sticks together when pressed with your thumb and forefinger.
2. With your hands, roll into bite-sized balls.
3. Enjoy!

Notes

Store in an airtight container in the fridge for up to 5 days, or in the freezer for 2-3 months.