How to Make Savory Crepes at home				
		_ @ _		
PREP TIME 5 mins		COOK TIME 20 mins		TOTAL TIME 25 mins
		%		
COURSE	CUISINE		SERVINGS	CALORIES
Bread, Main Course	French		12 crepes	79 kcal
INGREDIENTS				
<ul> <li>2 large eggs lightly beater</li> <li>1 <sup>1</sup>/<sub>3</sub> cups milk</li> <li>2 Tbsp unsalted butter me</li> <li>1 cup all-purpose flour</li> <li><sup>1</sup>/<sub>2</sub> tsp kosher salt</li> <li>cooking spray</li> </ul>				
INSTRUCTIONS				

- 1. Combine all the ingredients, whisking until incorporated. Note there will still be small chunks of flour, this is expected.
- 2. Heat a small, nonstick skillet (or a crepe pan) on high heat. Spray with cooking spray.
- 3. Add a scant ¼ cup batter to the pan and immediately tilt and twirl and move the pan in a circular fashion (like a Tilt-A-Whirl) to get the batter to move out as thin as possible and cover the entire bottom of the pan and up the sides ~½-inch (varying with the size of the pan).
- 4. Use a rubber spatula to gently check the bottom side of the crepe that it is lightly golden. Carefully flip to cook other side until very lightly golden. Transfer crepe to a plate.
- 5. Repeat the process to make 10-12 crepes, using cooking spray again each time.

These crepes can be made a day in advance. Simply cover well with plastic wrap over the plate and refrigerate overnight if desired.

See the body of this post for detailed information and tips not included in this recipe card.

## NUTRITION

Calories: 79kcal (4%) | Carbohydrates: 9g (3%) | Protein: 3g (6%) | Fat: 3g (5%) | Saturated Fat: 2g (13%) | Cholesterol: 44mg (15%) | Sodium: 24mg (1%) | Potassium: 38mg (1%) | Sugar: 1g (1%) Calorie count is purely an estimate calculated using an online application to serve as a guide and not to be taken as accurate nutritional information. Percent Daily Values are based on a 2,000 calorie diet.

## KEYWORD

easy crepe recipe, homemade crepes, how to make crepes at home, savory crepes

## Tried this recipe? Leave a comment below and let me know!